

frankie's

juice your imagination

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juices AED 37

lemonizer

lemon, apple, mint

copenheaven

strawberry, peach, apple

c-me

strawberry, pineapple, orange

stress out

strawberry, apple, ginger

vege

carrot, orange, apple

twisty red

banana, strawberry, apple

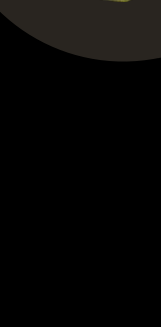
green sky

spinach, pineapple, apple

soul beat

carrot, ginger, apple

super juices AED 39



green detox

celery⁽⁹⁾, spinach, ginger, lemon, cucumber, apple
(contains allergen: celery)

jungle joy

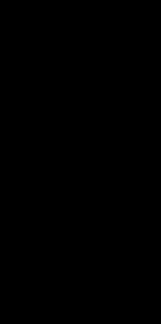
mango, passion fruit, apple, orange

immunity

carrot, ginger, turmeric, lemon, orange

heartbeat

beetroot, carrot, ginger, lemon, apple



iced fuel

milk alternatives: 

almond milk⁽⁹⁾ (contains allergen: tree nuts (almonds))

oat milk⁽⁹⁾ (contains allergen: gluten (oat))

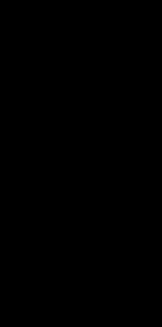
iced strawberry matcha AED 32

matcha, milk⁽⁷⁾, strawberry sauce with honey
(contains allergen: milk)

iced matcha latte AED 32

matcha, honey, milk⁽⁷⁾
(contains allergen: milk)

smoothies AED 42



milk alternatives: 

almond milk⁽⁹⁾

(contains allergen: tree nuts (almonds))

oat milk⁽⁹⁾

(contains allergen: gluten (oat))

brazilian

açaí, strawberry, banana, honey, milk⁽⁷⁾
(contains allergen: milk)

pump me up

peanut butter⁽⁵⁾, banana, milk⁽⁷⁾
(contains allergens: milk, peanuts)

energizer

strawberry, banana, spirulina, milk⁽⁷⁾
(contains allergen: milk)



bowls

no added sugars

açaí bowl AED 45

açaí

toppings: banana, pineapple, grounded coconut, granola^(1,8)
(contains allergens: gluten (wheat/oats/barley), tree nuts (almonds))

matcha energy bowl AED 44

matcha, honey, banana, natural yogurt⁽⁷⁾,

toppings: banana, granola^(1,8), strawberry sauce with honey, chia seeds
(contains allergens: milk, gluten (wheat/oats/barley), tree nuts (almonds))

mango passion fruit bowl AED 44

mango, passion fruit, banana, orange

toppings: banana, grounded coconut, chia seeds, strawberry sauce with honey
(contains allergens: gluten (wheat/oats/barley), tree nuts (almonds))

peanut butter bowl AED 44

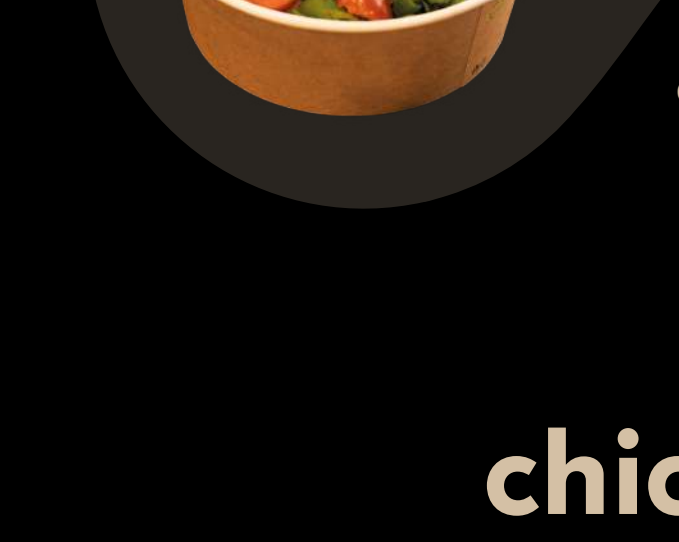
natural yogurt⁽⁷⁾, peanut butter⁽⁵⁾, banana

toppings: banana, granola^(1,8), chia seeds, peanut butter⁽⁵⁾
(contain allergens: milk, peanuts, gluten (wheat/oats/barley), tree nuts (almonds))

porridge bowl AED 42

oat⁽¹⁾, almond milk⁽⁸⁾, vanilla syrup, cinnamon

toppings: banana, strawberry sauce with honey, chia seeds, natural yogurt⁽⁷⁾
(contains allergens: milk, tree nuts (almonds), gluten (oats))



salads

dressings: extra vergin olive oil, balsamic vinaigrette (contains allergens: sulphites), honey and mustard (contains allergens: mustard), spinach pesto (without garlic and cheese), spicy

chicken couscous salad AED 49

chicken, parmesan flakes⁽⁷⁾, tomatoes, avocado, edamame⁽⁶⁾, cucumbers, couscous⁽¹⁾, rocca, lettuce, sunflower seeds

(contains allergens: milk, soybeans, gluten (wheat))

 *vegetarian option: tofu couscous AED 47

with tofu⁽⁶⁾, instead of chicken

(contains allergens: milk, soybeans, gluten (wheat))

salmon salad AED 49

salmon⁽⁴⁾, avocado, tomatoes, cucumbers, couscous⁽¹⁾, rocca, lettuce, sunflower seeds

(contains allergens: fish, gluten (wheat))

 *vegan option: edamame salad AED 47

with edamame⁽⁶⁾, instead of salmon

(contains allergens: soybeans, gluten (wheat))

tuna salad AED 49

tuna⁽⁴⁾, chickpeas, corn, olives, tomatoes, cucumbers, sunflower seeds, rocca, lettuce

(contains allergens: fish)

 *vegan option: apple salad AED 47

with apple, instead of tuna⁽⁴⁾

turkey salad AED 49

turkey, parmesan flakes⁽⁷⁾, apple, tomatoes, avocado, rocca, lettuce

(contains allergens: milk)

 *vegetarian option: olives salad AED 47

with olives, instead of turkey

(contains allergens: milk)

frankie's vegan couscous AED 47

tofu⁽⁶⁾, chickpeas, corn, edamame⁽⁶⁾, tomatoes, cucumbers, sunflower seeds, rocca, couscous⁽¹⁾

(contains allergens: soybeans, gluten (wheat))



sandwiches

club AED 42

chicken, avocado, rocca, tomatoes, spinach pesto, wholewheat bread⁽¹⁾

(contains allergen: gluten (wheat), sesame)

spicy chicken AED 42

chicken, mozzarella⁽⁷⁾, tomatoes, jalapeños⁽¹²⁾, spicy dressing, wholewheat bread⁽¹⁾

(contains allergens: milk, gluten (wheat), sulphites, sesame)

vegan AED 39

beetroot hummus, avocado, tomatoes, cucumbers, rocca, wholewheat bread⁽¹⁾

(contains allergens: gluten (wheat), sesame)

avocado AED 42

avocado, tomatoes, mozzarella⁽⁷⁾, cucumbers, spinach pesto, wholewheat bread⁽¹⁾

(contains allergens: milk, gluten (wheat), sesame)

salmon AED 47

salmon⁽⁴⁾, avocado, tomatoes, spinach, honey and mustard dressing⁽¹⁰⁾, wholewheat bread⁽¹⁾

(contains allergens: fish, gluten (wheat), sesame, mustard)



wraps

vegan AED 39

beetroot hummus, tomatoes, avocado, jalapeños⁽¹²⁾, rocca, lettuce, wholewheat wrap⁽¹⁾

(contains allergens: gluten (wheat), sesame, sulphites)

chicken AED 42

chicken, avocado, tomatoes, mozzarella⁽⁷⁾, rocca, lettuce, spinach pesto, wholewheat wrap⁽¹⁾

(contains allergens: milk, gluten (wheat))

turkey AED 42

turkey, mozzarella⁽⁷⁾, tomatoes, rocca, lettuce, spinach pesto, wholewheat wrap⁽¹⁾

(contains allergens: milk, gluten (wheat))

spicy tuna AED 42

tuna⁽⁴⁾, avocado, tomatoes, rocca, lettuce, spicy dressing, wholewheat wrap⁽¹⁾

(contains allergens: fish, gluten (wheat))

promotions

pick & juice AED 69

sandwich and juice

*super juices +2 aed or smoothie +4 aed

fresh deal AED 72

bowl and juice

*super juices +2 aed or smoothie +4 aed

green meal AED 69

wrap and juice

*super juices +2 aed or smoothie +4 aed

detox AED 159

5 juices of your choice

green meal AED 75

salad and juice

*super juices +2 aed or smoothie +4 aed

super detox AED 169

5 super juices or smoothies of your choice



vegan product



vegetarian product

*some products may be frozen

*If you have any allergies or intolerances, please speak to our staff or refer to the list of food allergens below.



Customer Information

Allergenic substances may be present as ingredients in our food and beverages or may result from cross-contact during the preparation process. Customers who have any food allergy or intolerance to any of the substances listed below are kindly requested to inform a member of staff and seek further information before placing their order.

List of Food Allergens

1. Cereals containing gluten (such as wheat, barley, oats, rye, spelt, kamut and their hybridised strains) and products thereof
2. Crustaceans and products thereof
3. Eggs and products thereof
4. Fish and products thereof
5. Peanuts and products thereof
6. Soybeans and products thereof
7. Milk and dairy products (including lactose)
8. Nuts (namely almonds, hazelnuts, walnuts, cashews, pecans, Brazil nuts, pistachios, macadamia nuts and products thereof)
9. Celery and products thereof
10. Mustard and products thereof
11. Sesame seeds and products thereof
12. Sulphur dioxide and sulphites
13. Lupin and products thereof
14. Molluscs and products thereof